

ESH SATELLITE SYMPOSIUM



**European
Society of
Hypertension**



**SOCIEDADE
PORTUGUESA DE
HIPERTENSÃO**

Portuguese Society of Hypertension



**26-27 May, 2018
Budapest, Hungary**

PROGRAM

MONOTHERAPEUTICS VS. POLYTHERAPEUTICS ON GLOBAL CARDIOVASCULAR RISK - FROM SCIENCE TO PUBLIC HEALTH II.

Organized by:

**The Hungarian Society of Hypertension and
the Portuguese Society of Hypertension**

PRELIMINARY PROGRAM

26 May (Saturday), 2018

- 09:45 OPENING**
Csaba Farsang, Hungary; Manuel de Carvalho Rodrigues, Portugal
- 10:00-12:25 MULTIPLE THERAPIES**
Chairpersons: Zoltán Járαι, Hungary;
Manuel de Carvalho Rodrigues, Portugal
- 10:00 Cardiometabolic risks in Europe – Why do we die earlier?**
Fernando Pinto, Portugal
- 10:25 Pharmacological background of interactions of
antihypertensive drugs. Focusing on combination therapy**
Ervin Finta, Hungary
- 10:50 Pros and cons of fixed-dose combinations of
antihypertensive agents and statins**
Vítor Paixáo Dias, Portugal
- 11:15 Multiple therapies in cardiovascular protection**
Zoltán Járαι, Hungary
- 11:40 Multiple therapies and adherence to treatment in adolescents**
Dénes Páll, Hungary
- 12:05 Discussion**

12:25 Lunch Time

13:10-14:20 THE ROLE OF THE ADHERENCE

Chairpersons: **Luis Martins**, Portugal;
Csaba Farsang, Hungary

- 13:10 **How can we improve doctors' and patients' attitude**
Csaba Farsang, Hungary
- 13:35 **The role of general practitioners in improving adherence to polytherapeutics in the population**
János Nemcsik, Hungary
- 14:00 *Discussion*

14:20 Coffee Break

14:50-16:30 ARE THERE REASONS TO CHANGE?

Chairpersons: **Vítor Paixao Dias**, Portugal;
Zoltán Járai, Hungary

- 14:50 **Risks and benefits of mono and polytherapeutics in primary and secondary prevention**
Luis Martins, Portugal
- 15:15 **Pharmaco- or instrumental (non-pharmacological) therapy or the combination of the two**
Péter Légrády, Hungary
- 15:40 **A rare side effect of polytherapeutics: orthostatic hypotension**
Manuel de Carvalho Rodrigues, Portugal
- 16:05 *Discussion*

16:30 Role of authorities and scientific societies in improving adherence to pharmacotherapies in the population

Moderator: **Csaba Farsang**, Hungary

Panel Discussion: **Manuel de Carvalho Rodrigues**, Portugal;
Luis Martins, Portugal;
Zoltán Járai, Hungary;
János Borvendég, Hungary / ECCP

17:00 CLOSING REMARKS of the 1st day
Csaba Farsang, Hungary; **Manuel de Carvalho Rodrigues**, Portugal

27 May (Sunday), 2018

09:00 Meet the experts session: Which combinations to whom?

Participants from HSH: **Csaba Farsang**, **Zoltán Járai**,
János Nemcsik, **Péter Légrády**, **Ervin Finta**
Participants from PSH: **Manuel de Carvalho Rodrigues**,
Luis Martins, **Vítor Paixao Dias**, **Fernando Pinto**

12:40 CONCLUSIONS AND THE END OF THE SATELLITE SYMPOSIUM

Csaba Farsang, Hungary;
Manuel de Carvalho Rodrigues, Portugal

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